



## Order Yours Today!

### Tasty & Safe Holiday Dishes for One or for Many

All holiday meals are free of gluten, dairy, corn, soy, egg, and GMOs. Choose vegan, Paleo, or raw options.

#### Your Information

Name \_\_\_\_\_

Email Address \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Options:  Pick-up \_\_\_\_\_  Delivery (\$25 within 15 miles, \$35 within 25 miles, \$45 within 40 miles) \_\_\_\_\_

#### Meal Choices

##### Soup:

\$5/ea serving, \$4/ea for 4-8 servings, \$3.5/ea for 9+ servings

\_\_\_\_ Roasted Pumpkin Soup (*paleo, vegan*)

\_\_\_\_ Raw Pumpkin Soup (*paleo, vegan, raw*)

##### Entrée:

\$5/ea serving, \$4/ea for 4-8 servings, \$3.5/ea for 9+ servings

\_\_\_\_ Turkey (*paleo*)

\_\_\_\_ Raw Veggie Patty (*vegan, paleo, raw*)

##### Dessert:

\$6/ea serving, \$5/ea for 4-8 servings, \$4.5/ea for 9+ servings

\_\_\_\_ Pumpkin Torte (*paleo, vegan, raw*)

\_\_\_\_ Apple Crumble Bar (*paleo, vegan, raw*)

##### Sides:

\$6/ea serving, \$5/ea for 4-8 servings, \$4/ea for 9+ servings

\_\_\_\_ Quinoa stuffing (*vegan*)

\_\_\_\_ Sweet potatoes (*paleo, vegan*)

\_\_\_\_ Squash Medley (*vegan, paleo, raw*)

\_\_\_\_ Sweet Potato Mash (*vegan, paleo, raw*)

\_\_\_\_ Spaghetti Squash (*vegan, paleo*)

\_\_\_\_ Roasted Root Veggies (*vegan, paleo*)

\_\_\_\_ Creamy Spinach with crunchy onion topper (*paleo, vegan*)

## Meal No. 2

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### Starters:

- Spaghetti Squash  
*(traditional, paleo, vegan)*
- Root Vegetable Salad  
*(traditional, paleo, vegan, raw)*

### Soup:

- Roasted Pumpkin Soup  
*(traditional, paleo, vegan)*
- Raw Pumpkin Soup  
*(traditional, paleo, vegan, raw)*

### Entrée:

- Turkey  
*(traditional, paleo)*
- Raw Veggie Patty  
*(vegan, paleo, raw)*

### Entrée Sides

*(choose one per entrée)*

- Quinoa stuffing  
*(traditional, vegan)*
- Sweet potatoes  
*(traditional, paleo, vegan)*
- Green Bean Casserole  
*(traditional, paleo, vegan)*
- Squash Medley  
*(traditional, vegan, paleo, raw)*
- Sweet Potato Mash  
*(traditional, vegan, paleo, raw)*

### Dessert:

- Pumpkin Torte  
*(traditional, paleo, vegan, raw)*
- Apple Crumble Bar  
*(traditional, paleo, vegan, raw)*

## Meal No. 3

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### Starters:

- Spaghetti Squash  
*(traditional, paleo, vegan)*
- Root Vegetable Salad  
*(traditional, paleo, vegan, raw)*

### Soup:

- Roasted Pumpkin Soup  
*(traditional, paleo, vegan)*
- Raw Pumpkin Soup  
*(traditional, paleo, vegan, raw)*

### Entrée:

- Turkey  
*(traditional, paleo)*
- Raw Veggie Patty  
*(vegan, paleo, raw)*

### Entrée Sides

*(choose one per entrée)*

- Quinoa stuffing  
*(traditional, vegan)*
- Sweet potatoes  
*(traditional, paleo, vegan)*
- Green Bean Casserole  
*(traditional, paleo, vegan)*
- Squash Medley  
*(traditional, vegan, paleo, raw)*
- Sweet Potato Mash  
*(traditional, vegan, paleo, raw)*

### Dessert:

- Pumpkin Torte  
*(traditional, paleo, vegan, raw)*
- Apple Crumble Bar  
*(traditional, paleo, vegan, raw)*

## Meal No. 4

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### Starters:

- Spaghetti Squash  
*(traditional, paleo, vegan)*
- Root Vegetable Salad  
*(traditional, paleo, vegan, raw)*

### Soup:

- Roasted Pumpkin Soup  
*(traditional, paleo, vegan)*
- Raw Pumpkin Soup  
*(traditional, paleo, vegan, raw)*

### Entrée:

- Turkey  
*(traditional, paleo)*
- Raw Veggie Patty  
*(vegan, paleo, raw)*

### Entrée Sides

*(choose one per entrée)*

- Quinoa stuffing  
*(traditional, vegan)*
- Sweet potatoes  
*(traditional, paleo, vegan)*
- Green Bean Casserole  
*(traditional, paleo, vegan)*
- Squash Medley  
*(traditional, vegan, paleo, raw)*
- Sweet Potato Mash  
*(traditional, vegan, paleo, raw)*

### Dessert:

- Pumpkin Torte  
*(traditional, paleo, vegan, raw)*
- Apple Crumble Bar  
*(traditional, paleo, vegan, raw)*

## Meal No. 5

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### Starters:

- Spaghetti Squash  
*(traditional, paleo, vegan)*
- Root Vegetable Salad  
*(traditional, paleo, vegan, raw)*

### Soup:

- Roasted Pumpkin Soup  
*(traditional, paleo, vegan)*
- Raw Pumpkin Soup  
*(traditional, paleo, vegan, raw)*

### Entrée:

- Turkey  
*(traditional, paleo)*
- Raw Veggie Patty  
*(vegan, paleo, raw)*

### Entrée Sides

*(choose one per entrée)*

- Quinoa stuffing  
*(traditional, vegan)*
- Sweet potatoes  
*(traditional, paleo, vegan)*
- Green Bean Casserole  
*(traditional, paleo, vegan)*
- Squash Medley  
*(traditional, vegan, paleo, raw)*
- Sweet Potato Mash  
*(traditional, vegan, paleo, raw)*

### Dessert:

- Pumpkin Torte  
*(traditional, paleo, vegan, raw)*
- Apple Crumble Bar  
*(traditional, paleo, vegan, raw)*